

The ae Kwon Do Times

Head Editors:

Lea Rossanese
Sydney Gil

Special Editors:

Greta Amidon
Quoc Vo

Kim's Black Belt Academy

Highlights

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Greetings!

안녕하세요 (ann-yeong-ha-se-yo, Hello)! The Tae Kwon Do Times will include

interviews, belt promotions,

birthdays, and upcoming events

monthly. It will also feature

student-written articles and

drawings. The newspaper's head

editors are Sydney Gil (15, 1st degree)

and Lea Rossanese (15, 1st degree).

The supporting editors are

Greta Amidon (16, 1st degree)

and Quoc Vo (15, 1st degree). If anyone wishes to set aside a congratulatory

message for a student(s) (ex. honor roll, birthdays, sports awards, belt promotions

etc.), they may pay \$0.50, which will fund a school pizza party!



Upcoming Events

SUMMER READING

Summer reading reports are due on Friday, September 11th.

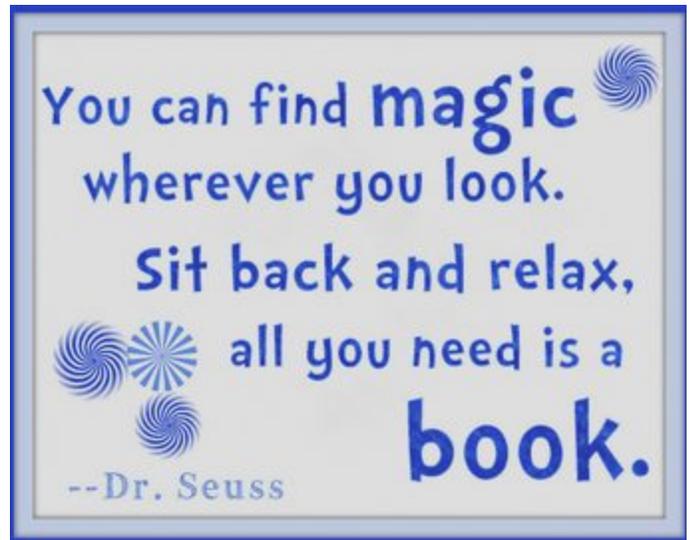
Requirements:

Kindergarten, 1st & 2nd: 300 pages

3rd & 4th Grade: 600 pages

5th, 6th, & 7th Grade: 1000 pages

8th - 12th Grade: 1500 pages



BLACK BELT CLASS

Black Belt class starts on Friday, September 18th.



TKD Students of the Month

Master Kim and other instructors have picked a few students who've worked hard this month. We would like to honor these kids here.

Bethlehem: Caleb Miller, 11 years old. Red Belt.

Allentown: Marcus Shin, 11 years old. Cho Dan Bo.

Quakertown: Riley Fisher, 4 years old. Yellow Belt.

Congratulatory Notes

Master Kim and Mrs. Kim congratulate all students who tested.

Quakertown: Cooper, Dalton, Wesley, Benji, Jonah, Christy, Rachel, Faith, Braden, Mr. Peterson, Andrew, Ben, Noah, and Brody.

Bethlehem: Tyler Harper, Paula Jimenez, and Jose Jimenez.



Special Interview:

Instructor Anthony Toczek, 4th Degree Black Belt

Tyler Harper (Interviewer): When did you start Tae Kwon Do?

Instructor Anthony Toczek (Interviewee): When I was 4½ years old.

Harper: When you started, did you see yourself achieving as much as you have?

Toczek: I didn't really think about it when I was 4, but starting from age 8, I did see myself getting to this point.

Harper: What was the most momentous experience that happened in your Tae Kwon Do career?

Toczek: Placing 3rd in the entire nation.

Harper: When did you enter your first tournament and for what category?

Toczek: I was 6 years old when I entered my first tournament. I participated in both forms and breaking.

Harper: When did you win your first tournament and in what category?

Toczek: I won in the first tournament I participated in and placed in forms and breaking.

Harper: Where do you see yourself in the future?

Toczek: I see myself owning my own Tae Kwon Do school.

Student Stories

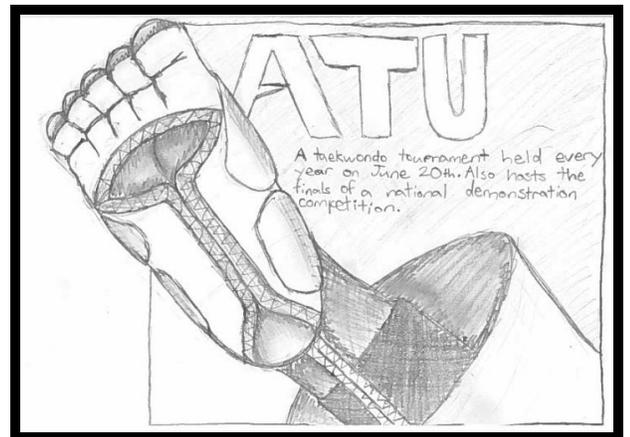
Caden Kim:

I went to the ATU National Tournament. The ATU National Tournament was on June 20, 2015. ATU is not just a bunch of letters, it stands for American Tae Kwon Do Union. The ATU Nationals is normally really scary because there is a lot of people. At this tournament, there were not a lot of people, so the tournament was not as scary as it usually is. For every competition, I get nervous and for this competition, I was scared and nervous to death.

My coach was Instructor Anthony Toczek. Instructor Toczek told me to do right leg short kick, but I just heard short kick. As you might know, I'm a lefty, so I threw left leg short kick. I lost that fight 7-0. I did not practice for a long time for Nationals because of injuries. That is a huge part of why I lost. In the end, I had fun, because I did what I love to do.

Connor Kim:

I participated in the American Tae Kwon Do Union (ATU) Nationals tournament. The tournament was on June 20th, in New Jersey. My coach was Instructor Lawrence Wright. It was a good fight, but I lost by 1 point. In the first round, the score was 0 to 0. In the second round, they gave the opponent his punch instead of my punch. The score was 1 to 0. I like competing in ATU nationals because I have fun.



Picture by: **Marcus Shin**

Celia Lansing:

Tae Kwon Do summer camp starts off with a miniature class. Sometimes, the black belts run this class, and other times, they do not. Next, everyone gets all their stuff together to go out to do the fun activity of the day, which varies. We have gone to exciting places such as Sky Zone, Knoebels, and Ozzy's. We've also gone bowling, fishing, and swimming everyday. On some days, we even have lunch at the activity we are at. Also, there is an optional aftercare, where students can stay until the evening classes.

Summer camp is held from Monday to Friday. All you have to do is bring your lunch, a bathing suit, and a water bottle. It occurs every other week for four weeks each summer. In my opinion, it's a great experience, and I think everyone should experience it at least once.

5 Tae Kwon Do Spirits

1. Be loyal to your nation.
2. Be obedient to your parents.
3. Be lovable to your husband/wife.
4. Be honorable to your friends.
5. Never retreat in battle.

Student Survey

Favorite Kicks:

| | |
|-----------------|-----|
| Front Snap Kick | 6% |
| Round House | 22% |
| Pitchagi | 33% |
| Side Kick | 39% |



Korean Word Of The Month

Jumping Back Hook Kick:

점프로 돌아 가기 후크 킥 (jeompeu lo dol-a gagi hukeu kig)

